

## Lesson Plans for At the Seashore Theme Week

# Welcome Warm-up and Morning Circle. **Begin Day 1**

### Welcome Warm-up (15 minutes)

**Sink or Float?** Fill a large plastic container with water. Supply a variety of household objects and invite children to discover which items sink and which will float. After they test each object they can sort them into two containers. Label the containers with simple pictures such as a boat for the FLOAT container and an anchor for the SINK container.

**Materials:** Large plastic tubs such as under-bed storage boxes. A collection of small everyday objects: piece of Lego, small wooden block, bottle cork, plastic cap, crayon, clothes pin, coin.

### Circle Time (15 minutes)

#### 1. Silly Song transition.

Lead children to the Circle Time area while singing:

A sailor went to sea, sea, sea  
To see what he could see, see, see  
But all that he could see, see, see  
Was the bottom of the deep blue sea, sea, sea.

When children are seated teach clapping rhythm to accompany above rhyme. Lead children in clapping first on their thighs, then own hands together. Prompt by saying: *Down, together, down, together.* Go slowly. Small children will find this difficult. You may want to practice this fun rhyme each day as the theme unit progresses. Eventually children will be able to face partners and play the clapping game together.

Ask: *How many sailors do we have today?* Count children in unison.

#### 2. Theme Talk.

Say: *Today we will begin our special At the Seashore Theme Week.* Ask: *Have you been to the beach? What might we see there?* Ask children to share their experiences at the seashore.

#### 3. Calendar.

Count through the days of the month so far. Invite a child to mark the calendar with the date printed on a construction paper fish or other seashore shape. Write and recite the day, date, month and year.

#### 4. Weather Watch.

Invite a child to report the weather. Would today be a good day to go to the beach? Why or why not?

#### 5. Game: Waves.

Have children spread out on the floor. Encourage creative movement as you say: *Pretend you are a wave way out in the ocean, curl up in a little ball, now get ready to roll onto shore, reach up, curl into a giant wave, now splash onto the beach. Flow back out with the rest of the waves. Now the wind is blowing gently, show me a gentle wave.*

